

# Social and Emotional Learning (SEL)

## Social Awareness: THINK and Be Honest

### Overview:

An important part of social awareness is the understanding that actions have consequences. This understanding helps children to think about and take responsibility for how their actions affect themselves and others. When students understand that actions have consequences, they are better able to choose actions that result in better consequences. In this lesson, students are encouraged to think about the possible consequences before acting.

### Objectives:

Child will identify consequences for being honest and telling the truth.

### Child Goals:

I can be honest.

### Vocabulary:

Consequence honest

Inspiring

### Learn- 5 minutes

When deciding if you should be honest and tell the truth or not, you should stop,

**THINK**, and ask yourself ...

Are my words:

- **T** rue?
- **H** onest?
- **I** nspiring?
- **N** ice?
- **K** ind?

### Discussion Questions:

- Why is it important to be honest?
- How can you use the word **THINK** to remind you to think about your words?
- Tell me about a time when you were honest.

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## Practice-10 minutes

<p>The Who Has? Game provides an opportunity for students to practice using the THINK strategies (this game works great with multiple participants).</p>	<ul style="list-style-type: none"><li>• Everyone starts with one Who Has? Card.</li><li>• One participant will read the statement and question on his or her card.</li><li>• Allow the participant to call on another participant to respond to the situation honestly by saying something true, honest, inspiring, nice, and kind.</li><li>• After the participant responds to the situation, have him or her read his or her own card and call on someone.</li><li>• Pick up a new card after each turn until the deck is complete.</li></ul>
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## Resource

Who Has? Cards (2 pages)

<p>I forgot my mom's birthday.</p> <p>Who has something truthful to say?</p>	<p>I lost my homework and want to copy someone else's work.</p> <p>Who has something honest to say?</p>	<p>I made a mistake at my piano recital.</p> <p>Who has something inspiring to say?</p>	<p>I hurt my friend's feelings.</p> <p>Who has something nice to say?</p>	<p>I really blew it big time!</p> <p>Who has something kind to say?</p>
<p>I'm mad because my parents won't let me go to a movie with my friends.</p> <p>Who has something truthful to say?</p>	<p>I don't like my new haircut.</p> <p>Who has something honest to say?</p>	<p>I feel lonely.</p> <p>Who has something inspiring to say?</p>	<p>I lost my soccer game.</p> <p>Who has something nice to say?</p>	<p>I'm always messing up.</p> <p>Who has something kind to say?</p>
<p>My friend is mad at me because I was teasing him. I was just trying to be funny.</p> <p>Who has something truthful to say?</p>	<p>I left my part of the group project at home.</p> <p>Who has something honest to say?</p>	<p>I didn't understand the homework last night.</p> <p>Who has something inspiring to say?</p>	<p>My friend won't sit by me at lunch.</p> <p>Who has something nice to say?</p>	<p>I wasn't invited to a party for my friend.</p> <p>Who has something kind to say?</p>

<p>Some kids at recess won't let me join in the game.</p> <p>Who has something truthful to say?</p>	<p>I borrowed a book from the library, but I can't find it.</p> <p>Who has something honest to say?</p>	<p>I can't run as fast as some of the kids in my class.</p> <p>Who has something inspiring to say?</p>	<p>Two of my classmates were talking about me behind my back.</p> <p>Who has something nice to say?</p>	<p>I joined a new club, but I don't know anyone.</p> <p>Who has something kind to say?</p>
<p>My parents won't let me play a new video because they say it's too violent.</p> <p>Who has something truthful to say?</p>	<p>I love science, but my friend says it's a dumb class.</p> <p>Who has something honest to say?</p>	<p>I feel frustrated when I don't get my way.</p> <p>Who has something inspiring to say?</p>	<p>I asked a question in class and everyone laughed. I wasn't trying to be funny.</p> <p>Who has something nice to say?</p>	<p>I left the door open and my cat got out. Now I can't find her.</p> <p>Who has something kind to say?</p>
<p>My friend is mad at me because I won't let her copy my work.</p> <p>Who has something truthful to say?</p>	<p>My friend made a new friend and now they won't talk to me.</p> <p>Who has something honest to say?</p>	<p>I missed the last shot at my game.</p> <p>Who has something inspiring to say?</p>	<p>I studied hard for the spelling test but I still missed a lot of words.</p> <p>Who has something nice to say?</p>	<p>I stepped on gum and now it's on my shoe and won't come off.</p> <p>Who has something kind to say?</p>

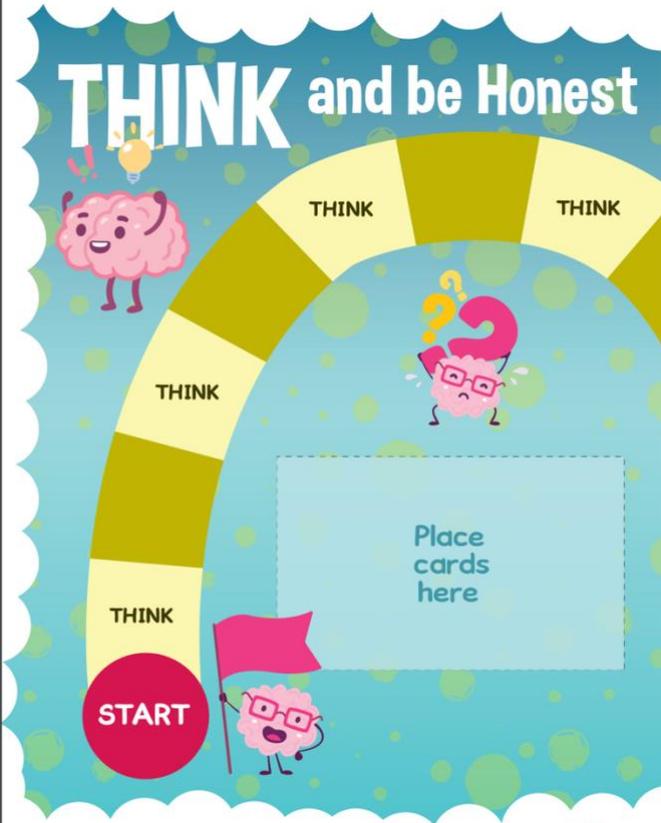
## Deeper Dive – 5 to 10 minutes

The THINK Game provides children practice using the THINK strategies to respond to a situation.

- Assemble the game board and number cube. Then, place the game board in the center of the playing area with the THINK Cards face down.
- Each game marker should be placed on Start. (You will need to have your own game pieces. Get creative!)
- The object of the game is to reach the FINISH space. To do this, have each player, in turn, roll the number cube and move the number indicated. If they land on a THINK space, the player should draw a THINK Card and read the card aloud. The student should respond, being truthful, honest, inspiring, nice, and kind. If the other player(s) decide that they answered using the THINK strategies, then the student can move forward one space. If they disagree, then the student remains on the space and draws another THINK Card on their next turn.
- Play continues until one or all players reach the FINISH space.

# Resource

## Board Game



THINK Game Cards

<p>Your parent asks you how you did on a math test that you failed.</p> <p>What do you say?</p>	<p>You're confused about a reading assignment, but you don't want to look dumb. Your teacher asks if you need help.</p> <p>What do you say?</p>	<p>Your parent asks you how you did on a math test that you failed.</p> <p>What do you say?</p>	<p>You're confused about a reading assignment, but you don't want to look dumb. Your teacher asks if you need help.</p> <p>What do you say?</p>
<p>Your friend wants your opinion about a story they wrote, but you think the story is confusing.</p> <p>What do you say?</p>	<p>Your little sister wants to borrow your new video game, but you don't want her to.</p> <p>What do you say?</p>	<p>Your friend wants your opinion about a story they wrote, but you think the story is confusing.</p> <p>What do you say?</p>	<p>Your little sister wants to borrow your new video game, but you don't want her to.</p> <p>What do you say?</p>
<p>Your sister wants to cheat on her science project.</p> <p>What do you say?</p>	<p>You're sad because you heard your parents arguing. Your mom asks why you're sad.</p> <p>What do you say?</p>	<p>Your sister wants to cheat on her science project.</p> <p>What do you say?</p>	<p>You're sad because you heard your parents arguing. Your mom asks why you're sad.</p> <p>What do you say?</p>
<p>A friend asked you to come over, but he has a dog that you're afraid of.</p> <p>What do you say?</p>	<p>You don't want to practice, so you watch TV instead. Your dad asks you how your practice went.</p> <p>What do you say?</p>	<p>A friend asked you to come over, but he has a dog that you're afraid of.</p> <p>What do you say?</p>	<p>You don't want to practice, so you watch TV instead. Your dad asks you how your practice went.</p> <p>What do you say?</p>

THINK Cards (page 1 of 2)

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**Tip:** Talk to your Child on a regular basis about what makes them want to be honest and what does not. Have them describe why. This will give you a window into what your Child values, which will better help you help your Child be honest during stressful times in his or her life. Also, practice modeling honesty with and around your Child. This will help your Child see you as a human who also makes mistakes and wants to improve parts of yourself too!

